

From: "jeffrey E." <jeevacation@gmail.com>
To: Faith Kates <[REDACTED]>
Subject: Re: Casting sins on Rosh Hashanah....
Date: Thu, 25 Sep 2014 14:24:57 +0000

same

On Thu, Sep 25, 2014 at 10:20 AM, Faith Kates <[REDACTED]> wrote:

Wishing you happy healthy 5775

Tashlich, from the Hebrew 'to throw' is an old rite, a relaxed moment during the solemn period of introspection and self evaluation. The ceremony is an opportunity to meet and greet friends. wishing a healthy and Happy New Year.

On Rosh Hashanah we symbolically cast our sins into the water, Tashlich.

During the afternoon of the first day of the Jewish New Year, Rosh Hashanah Jews traditionally go to the ocean, ponds, a stream or river to pray and throw bread crumbs into the water. Symbolically, the fish devour their sins. Occasionally, people ask what kind of bread crumbs should be thrown.

Here are suggestions for breads which may be most appropriate for specific sins, which you can implement:

For complex sins.....	Multigrain
For ordinary sins.....	White Bread
For particularly dark sins.....	Pumpnickel
For twisted sins.....	Pretzels
For tasteless sins.....	Rice Cakes
For sins of indecision.....	Waffles
For sins committed in haste.....	Matzoh
For substance abuse.....	Stoned Wheat
For texting while driving.....	Finger Food
For use of heavy drugs.....	Poppy Seed
For committing auto theft.....	Caraway
For timidity/cowardice.....	Milk Toast
For erotic sins.....	French Bread
For loud cellphone talk.....	Jawbreakers
For silliness, eccentricity.....	Nut Bread
For not giving full value.....	Shortbread
For unnecessary chances.....	Hero Bread
For warmongering.....	Kaiser Rolls
For dressing immodestly.....	Tarts
For causing injury to others.....	Tortes
For lechery and promiscuity.....	Hot Buns
For promiscuity with gentiles.....	Hot Cross Buns
For racist attitudes.....	Crackers
For sophisticated racism.....	Ritz Crackers
For abrasiveness.....	Grits

For dropping in without notice.....Popovers
For overeating..... Stuffing
For impetuosity.....Quick Bread
For indecent photography.....Cheesecake
For raising your voice too often.....Challah
For sycophancy, ass-kissing.....Brownies
For laziness.....Any type of loaf
For trashing the environment.....Dumplings
For telling bad jokes/puns.....Corn Bread
For pride and egotism.....Puff Pastry
For excessive use of apps.....Biscotti

May your names be inscribed in the book of life.

תכתבו ותחתמו בספר החיים

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please note

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